ANKLE AND FOOT FUNCTION INDEX

Patient Name:_____ Date: _____

How much difficulty do you have?	No difficulty										Unable to do
1. Walking in house?.....	0	1	2	3	4	5	6	7	8	9	10
2. Walking outside?.....	0	1	2	3	4	5	6	7	8	9	10
3. Walking 4 blocks?.....	0	1	2	3	4	5	6	7	8	9	10
4. Climbing stairs?.....	0	1	2	3	4	5	6	7	8	9	10
5. Descending stairs?.....	0	1	2	3	4	5	6	7	8	9	10
6. Standing tip toe?.....	0	1	2	3	4	5	6	7	8	9	10
7. Getting up from a chair?.....	0	1	2	3	4	5	6	7	8	9	10
8. Climbing curbs?.....	0	1	2	3	4	5	6	7	8	9	10
9. Walking fast?.....	0	1	2	3	4	5	6	7	8	9	10

Scoring:
Please answer each section by selecting the number that most applies to you. Total scores from each question and divide by the total possible score. If the individual does not mark an item because it was not applicable, exclude it from the total possible.

Reference:
Budiman-mak, E., Conrad, K.J., Roach, K.E., (1991). The foot function index: a measure of foot pain and disability. Journal of Clinical Epidemiology, 44, 561-570.